



DIGYMADEX



## WP1 – Final Item Selection for DIMI, 12-18 years

### DIMI citation:

Laaber, F., Florack, A., Koch, T., & Hubert, M. (2023). Digital maturity: Development and validation of the digital maturity inventory (DIMI). *Computers in Human Behavior*, 143, 107709. <https://doi.org/10.1016/j.chb.2023.107709>

### Formula for creating an overall Digital Maturity Score:

1. Create an average score for each dimension
2. Multiply these average scores with their respective weights, then add these for the overall score:  
DM Score = AutonomyChoice\_score\*9.91 + AutonomyWithin\_score\*9.39 + Literacy\_score\*10.17 + Growth\_score\*10.43 + Risk\_score\*11.73 + EmoNeg\_score\*10.30 + EmoAgg\_score\*9.91 + Support\_score\*9.39 + Respect\_score\*10.30 + Citizenship\_score\*8.47

(SPSS Syntax appended to this document)

### Autonomous Choice to Use Mobile Devices

**Using mobile devices out of one's own choice rather than a feeling of obligation or compulsion.**

**Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.**

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

"Cuando uso un dispositivo móvil..."

"When using a mobile device..."

Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)  
Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)



Spanish	English	Variable name
Me conecto porque siento que tengo que estar en línea todo el tiempo	I am online because I feel like I have to be online all the time	autonomy_c1
Me conecto porque si no, siento que me pierdo algo	I am online because otherwise I feel like I am missing out on something	autonomy_c2
Tengo la sensación de que controla mi vida	I have the feeling that it is controlling my life	autonomy_c3

$\alpha = .77$ ,  $CR = .78$ ,  $AVE = .55$  ( $N=558$ )

Reverse coded items: autonomy\_c1, autonomy\_c2, autonomy\_c3

### Autonomy Within Digital Contexts

***Deliberately choosing which digital contexts to engage with, viewing content which one finds interesting and enjoys.***

*Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.*

*Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.*

"Cuando uso un dispositivo móvil..."

"When using a mobile device..."

*Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)*

*Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)*

Spanish	English	Variable name
Elijo el contenido que quiero ver	I choose the content I want to see	autonomy_w1
Hago las cosas que me gustan	I do the things that I like	autonomy_w2
Yo decido lo que hago	I decide what I do	autonomy_w3

$\alpha = .70$ ,  $CR = .70$ ,  $AVE = .44$  ( $N=558$ )

### Digital Literacy

***The technical skills to use mobile devices and the internet in a safe and effective manner.***

*Dinos hasta qué punto las siguientes afirmaciones son ciertas para ti cuando piensas en cómo utilizas Internet y dispositivos móviles como teléfonos móviles, tabletas, iPad u ordenadores portátiles. Piensa en lo cierto que sería esto de ti si tuvieras que hacerlo ahora, por tu cuenta.*

*Please tell us how true the following statements are of you when thinking about how you use the internet and mobile devices such as mobile phones, tablets, iPads, or*



*laptop computers. Think about how true this would be of you if you had to do it now, on your own.*

*Nada cierto en mi caso (1) - Poco cierto en mi caso (2) - Ni cierto ni falso en mi caso (3) - Bastante cierto en mi caso (4) - Muy cierto en mi caso (5)*

*Not at all true of me (1) - Not very true of me (2) - Neither true or untrue of me (3) - Mostly true of me (4) - Very true of me (5)*

Spanish	English	Variable name
Sé cómo cambiar la configuración de privacidad (por ejemplo, desactivar las cookies)	I know how to change the privacy settings (for example, deactivate cookies)	literacy_1
Sé cómo cambiar la configuración de privacidad de las redes sociales (por ejemplo, Instagram, Snapchat o TikTok)	I know how to adjust the privacy settings of social media sites (for example, Instagram, Snapchat, TikTok)	literacy_2
Sé cómo almacenar fotos, documentos u otros archivos en la nube (por ejemplo, Google Drive, iCloud)	I know how to store photos, documents or other files in the cloud (for example, Google Drive, iCloud)	literacy_3

$\alpha = .82$ ,  $CR = .82$ ,  $AVE = .61(N=558)$

### **Individual Growth in Digital Contexts**

***The ability to use mobile devices and digital contexts for personal learning and growth.***

***Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.***

***Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.***

***"Cuando uso un dispositivo móvil..."***

***"When using a mobile device..."***

*Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)*

*Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)*

Spanish	English	Variable name
Aprendo cosas nuevas	I learn new things	growth_1
Aprendo cosas útiles	I learn something useful	growth_2
Aprendo nuevas habilidades	I learn new skills	growth_3

$\alpha = .81$ ,  $CR = .81$ ,  $AVE = .59 (N=558)$



## **Digital Risk Awareness**

***Managing risks related to mobile devices and the online environment by being aware of potential dangers and influences.***

**Piensa con qué frecuencia te ocurren esas cosas** mientras usas un **dispositivo móvil** como teléfonos móviles, tabletas, iPad u ordenadores portátiles.

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

"*Cuando uso un dispositivo móvil...*"

"*When using a mobile device...*"

Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)

Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)

Spanish	English	Variable name
Tengo mucho cuidado	I am very careful	risk_1
Me importa mucho mi propia seguridad	my own safety is very important to me	risk_2
Me aseguro de tener cuidado	I make sure to be careful	risk_3

$\alpha = .85$ ,  $CR = .85$ ,  $AVE = .66$  ( $N=558$ )

## **Regulation of Negative Emotions in Digital Contexts**

***The ability to control and effectively regulate negative emotions due to frustrations in digital contexts.***

**Piensa con qué frecuencia te ocurren esas cosas** mientras usas un **dispositivo móvil** como teléfonos móviles, tabletas, iPad u ordenadores portátiles.

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

"*Cuando uso un dispositivo móvil...*"

"*When using a mobile device...*"

Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)

Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)

Spanish	English	Variable name
y me molesto o me enfado en línea, tardo mucho tiempo en sentirme mejor	and I become annoyed or upset online, it takes me a long time to feel better	emotion_n1
y me enfado o me molesto en línea, estoy de mal humor durante mucho tiempo	and I become annoyed or upset online, I stay in a bad mood for a long time	emotion_n2
y me enfado o molesto en línea, sólo hay unas pocas cosas que pueden hacerme sentir mejor	and I become annoyed or upset online, there are only few things that can make me feel better	emotion_n3



$\alpha = .84$ ,  $CR = .85$ ,  $AVE = .65$  ( $N=558$ )

Reverse coded items: emotion\_n1, emotion\_n2, emotion\_n3

### **Regulation of Impulses in Digital Contexts**

***The ability to control one's behaviour and reactions to negative experiences in digital contexts.***

**Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.**

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

"Cuando uso un dispositivo móvil..."

"When using a mobile device..."

Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)

Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)

Spanish	English	Variable name
y alguien me critica en línea o en un mensaje de texto, reacciono inmediatamente sin pensar en las consecuencias	and somebody criticizes me online or in a text, I immediately react without considering the consequences	emotion_a1
y un mensaje me enfada, reacciono demasiado rápido y luego me arrepiento de la forma en que he respondido	and a message makes me angry, I react too quickly and then later regret the way I responded	emotion_a2
y alguien me insulta, intento vengarme	and somebody insults me, I try to get back at them	emotion_a3

$\alpha = .77$ ,  $CR = .78$ ,  $AVE = .54$  ( $N=558$ )

Reverse coded items: emotion\_a1, emotion\_a2, emotion\_a3

### **Support-Seeking Regarding Digital Problems**

***The ability to seek support from others when encountering problems regarding mobile devices or digital contexts.***

**Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.**

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

"Cuando uso un dispositivo móvil..."

"When using a mobile device..."



Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)  
 Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)

Spanish	English	Variable name
pido ayuda a los demás cuando tengo un problema	I ask others for help when I have a problem	support_1
y no sé qué hacer, pido ayuda a los demás	and I don't know what to do, I ask others for help	support_2
y se presenta un problema técnico, pido ayuda a los demás (por ejemplo, a un(a) amigo/a, parent, hermano/a)	and there is a technical problem, I ask others for help (for example, a friend, parent, sibling)	support_3
y tengo problemas con los demás en Internet, pido ayuda	and I have problems with others on the internet, I get help	support_4

$\alpha = .80$ ,  $CR = .81$ ,  $AVE = .52$  ( $N=558$ )

### **Respect Towards Others in Digital Contexts**

***Acting respectfully when engaging with others and in content one shares online.***

**Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.**  
*Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.*

"Cuando uso un dispositivo móvil..."  
 "When using a mobile device..."

Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)  
 Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)

Spanish	English	Variable name
cuido mis palabras cuando no estoy de acuerdo con alguien, para que lo que diga no suene malintencionado	I watch my language when I disagree with someone, so that what I say doesn't come across as mean	respect_1
me preocupo por lo que sienten los demás	I care about the feelings of others	respect_2
antes de publicar o enviar fotos de otras personas, me aseguro de que esas fotos no sean insultantes para ellos y que no les vayan a meter en problemas	I make sure that pictures I post or send of other people will not insult them or get them into trouble	respect_3
respeto las opiniones y los conocimientos de los demás	I respect the opinions and knowledge of others	respect_4

$\alpha = .83$ ,  $CR = .83$ ,  $AVE = .55$  ( $N=558$ )



## **Digital Citizenship**

**Using mobile devices and digital contexts to contribute to society and support important causes.**

**Piensa con qué frecuencia te ocurren esas cosas mientras usas un dispositivo móvil como teléfonos móviles, tabletas, iPad u ordenadores portátiles.**

**Please think about how often the following things happen to you while you are using a mobile device such as mobile phones, tablets, iPads, or laptop computers.**

*"Cuando uso un dispositivo móvil..."*

*"When using a mobile device..."*

**Nunca (1) - Rara vez (2) - A veces (3) - A menudo (4) - Siempre (5)**

**Never (1) - Rarely (2) - Sometimes (3) - Often (4) - Always (5)**

Spanish	English	Variable name
lo uso para mejorar la vida en mi barrio, mi ciudad o en el mundo	I use it to improve life in my neighborhood, town or world	citizenship_1
uso Internet para apoyar campañas sobre temas como la protección del medio ambiente o para concienciar sobre el cambio climático	I use the internet to support campaigns for issues like environmental protection or to spread awareness for climate change	citizenship_2
lo uso para defender cosas que realmente importan en el mundo	I use it to stand up for things that really matter in the world	citizenship_3

$\alpha = .85$ ,  $CR = .85$ ,  $AVE = .66$  ( $N=558$ )

## **SPSS Syntax for the Digital Maturity Score**

#computing scale scores

COMPUTE

AutonomyChoice\_score=MEAN.2(autonomy\_c1r,autonomy\_c2r,autonomy\_c3r).  
EXECUTE.

COMPUTE

AutonomyWithin\_score=MEAN.2(autonomy\_w1,autonomy\_w2,autonomy\_w3).  
EXECUTE.

COMPUTE Literacy\_score=MEAN.2(literacy\_1,literacy\_2,literacy\_3).  
EXECUTE.

COMPUTE Growth\_score=MEAN.2(growth\_1,growth\_2,growth\_3).  
EXECUTE.



```
COMPUTE Risk_score=MEAN.2(risk_1,risk_2,risk_3).  
EXECUTE.
```

```
COMPUTE EmoNeg_score=MEAN.2(emotion_n1r,emotion_n2r,emotion_n3r).  
EXECUTE.
```

```
COMPUTE EmoAgg_score=MEAN.2(emotion_a1r,emotion_a2r,emotion_a3r).  
EXECUTE.
```

```
COMPUTE Support_score=MEAN.3(support_1,support_2,support_3,support_4).  
EXECUTE.
```

```
COMPUTE Respect_score=MEAN.3(respect_1,respect_2,respect_3,respect_4).  
EXECUTE.
```

```
COMPUTE Citizenship_score=MEAN.2(citizenship_1,citizenship_2,citizenship_3).  
EXECUTE.
```

#Creating weighted dimension scores using the mean scores of expert importance rating (as seen in Rijssdijk et al., 2007).

```
COMPUTE Literacy_Pweighted=10.17 * Literacy_score.  
EXECUTE.
```

```
COMPUTE Growth_Pweighted=10.43 * Growth_score .  
EXECUTE.
```

```
COMPUTE AutonomyC_Pweighted=9.91 * AutonomyChoice_score.  
EXECUTE.
```

```
COMPUTE AutonomyW_Pweighted=9.39 * AutonomyWithin_score.  
EXECUTE.
```

```
COMPUTE EmotionN_Pweighted=10.30 * EmoNeg_score.  
EXECUTE.
```

```
COMPUTE EmotionA_Pweighted=9.91 * EmoAgg_score.  
EXECUTE.
```

```
COMPUTE Risk_Pweighted=11.73 * Risk_score.  
EXECUTE.
```

```
COMPUTE Citizenship_Pweighted=8.47 * Citizenship_score.
```



EXECUTE.

COMPUTE Respect\_Pweighted=10.30 \* Respect\_score.  
EXECUTE.

COMPUTE Support\_Pweighted=9.39 \* Support\_score.  
EXECUTE.

#creating composite measure by adding the weighted dimension scores

COMPUTE DigMat\_Pcomposite=(Literacy\_Pweighted + Growth\_Pweighted +  
AutonomyC\_Pweighted +  
AutonomyW\_Pweighted + EmotionN\_Pweighted + EmotionA\_Pweighted +  
Risk\_Pweighted + Citizenship\_Pweighted +  
Respect\_Pweighted + Support\_Pweighted).  
EXECUTE.

